



TARANG Health Newsletter

CIVIC SENSE

Small Actions → Responsible Citizens →
Better Communities



What is Civic Sense?

Civic sense is the way we **respect people, public spaces and the environment through our everyday behaviour**. It is not simply about following rules—it is about understanding that our actions affect others. A clean road, an orderly queue, a peaceful neighbourhood and a well-maintained park are not created by government alone. **They are created by citizens who care.**



6 EVERYDAY HABITS THAT MAKE A DIFFERENCE

1. WAIT YOUR TURN → QUEUES SHOW RESPECT



2. SORT BEFORE YOU THROW → WASTE STARTS AT HOME



3. PUBLIC PROPERTY → OUR PROPERTY



4. KEEP THE VOLUME DOWN → PEACE IS ALSO A PUBLIC RIGHT



5. FOLLOW RULES → SAFETY FIRST



6. LEAVE A PLACE BETTER THAN YOU FOUND IT



Civic sense is therefore more than good manners—it contributes to
healthier and more liveable communities.



RAISING RESPONSIBLE CITIZENS

CHILDREN LEARN CIVIC SENSE BY WATCHING US

- A child who sees adults patiently waiting in a queue is more likely to understand patience.
 - A child who sees waste being segregated learns that responsible disposal is normal.
 - A child who sees adults respecting public property learns that public spaces deserve care.
- Don't just tell children to be responsible.
Let them see you being responsible.**



Make civic sense part of everyday family life:

- On the road: follow **traffic rules** and never litter.
- In neighbourhoods: keep **noise** at a considerate level.
- With children: explain the reason behind a rule, not just the rule itself.



Turn the school into a living classroom for citizenship.

- Create student-led Civic Sense Champions.
- Celebrate students who demonstrate responsibility, courtesy and community care.



TRY THIS WITH CHILDREN:

“WHAT WOULD YOU DO?”



You see a wrapper on the road.

→ Pick it up and dispose of it appropriately.

Someone pushes ahead in a queue.

→ Stay patient and wait for your turn.

Your household has mixed wet and dry waste.

→ Separate it before disposal.

A friend scratches a school desk.

→ Stop them and explain why public property matters.



THE CIVIC SENSE TEST

Before doing something in a public place, ask:

Is it SAFE?

Is it CLEAN?

Is it RESPECTFUL?

If the answer is YES,

you're probably making a responsible civic choice.



SMALL ACTIONS BIG IMPACT

A queue followed.

A tap turned off.

A wall left unmarked.

A voice lowered.

A public bench protected.

These may seem like small choices—but together, **they** define the kind of community we live in.

