



TARANG Health Newsletter



HEALTHIEST SCHOOL

2025-2026

Award








About the Award What makes a school truly holistic?

Beyond academic excellence, it is the environment in which children **learn, grow, and thrive**. The Healthiest School Award celebrates schools that place student well-being at the heart of education—creating spaces that are safe, clean, nurturing, and empowering for every child.

What We Look For

Schools are assessed on a few **critical indicators** that define a truly healthy school:

-  • **Supportive principal actively driving the school health program (CSHP)**
-  • **Safe and clean physical environment with access to clean drinking water**
-  • **Functional, clean, separate toilets for boys and girls**
-  • **Handwashing stations with soap for all students**
-  • **Adequate space for physical activity**



- **Well-lit, low-noise classrooms with dustbins in every class**



- **Positive emotional environment for students**



- **No use of physical activity as punishment**



- **Students trained in fire evacuation procedures**



- **Staff trained in use of First Aid Kits**



- **Healthy, hygienic school cafeteria and kitchen**

Strong school health services are also essential, including student health cards, updated parent contact details, access to a school counsellor, linkage with local health services, and annual anemia, dental, and vision screenings.

Trained health educators deliver the **Comprehensive School Health Program (CSHP)** using effective pedagogy, while regular parent engagement sessions build awareness and shared responsibility.





Award WINNER



2025-2026



Among the 12 government schools in Haryana where Tarang Health Alliance is implementing the Comprehensive School Health Program, **Government Model Sanskriti Senior Secondary School, Sector 26, Panchkula**, has emerged as a shining example. With an outstanding score of 48 out of 50, the school demonstrates how a committed vision and consistent efforts can transform everyday practices into a strong culture of care, health, and well-being.

Why This School Stands Out?

At the heart of the school is a clean, safe, and positive environment where students feel secure and valued. Classrooms are bright and conducive to learning, while regular health awareness activities and emergency preparedness ensure students are informed and confident.

The school's strong focus on health services—through regular screenings, student health records, and promotion of healthy eating—demonstrates a deep commitment to student welfare. While there is scope to further strengthen certain facilities like handwashing stations and toilet maintenance, the school continues to set a high standard for others to follow.



Mr. Sanjeev Aggarwal (Principal) receiving an award from Dr. Rahul Mehra (CEO, Tarang health alliance), in the presence of Leena Khaneja (Director operations, THA), Sapna (Vice Principal), and Anjali Kashyap (Health Educator).

The Award



This award is titled - The Child is The Father of Man

This award carries the message "Child is the father of man". It displays a child showing the direction of the path to take ahead, to an adult. This message highlights that as school children learn about healthy lifestyle habits, they will influence their parents and adults at home to practice similar habits.

let us know what you would like us to address in this newsletter by writing to us at taranghealthalliance@gmail.com